



Synergy Yoga Teacher Training Dates 2026/2027

- October 23 – 25, 2026
- November 7 – 8, 2026 (Sat & Sun only)
- November 20 – 22, 2026
- December 5 – 6, 2026 (Sat & Sun only)
- January 8 – 10, 2027
- January 29 – 31, 2027
- February 26 – 28, 2027
- March 12 – 14, 2027
- March 19 – 21, 2027
- April 9 – 11, 2027
- April 23 – 25, 2027

Additional Requirement:

Attend one yoga class with Tami or Jodi each month, for a total of seven classes, at the following studios.

- Halea Yoga
- Ritual House
- 8 Limbs Phinney Ridge

Registration and payment for these classes is through the studio directly, or ClassPass can be used at Halea and Ritual House.