



Required Reading /Film	Author	Reflections Paper Due Date
Birth Matters	Ina May Gaskin	Oct 4
Ina May's Guide to Childbirth	Ina May Gaskin	Oct 4
Pregnancy, Childbirth and the Newborn	Penny Simkin	No paper due, please read, we will discuss
Yoga Mama Yoga Baby	Margo Shapiro Bachman, MD	Oct 11
Business of Being Born Film		Oct 11

Recommended Reading	Author
The Birth Partner	Penny Simkin
Pushed	Jennifer Block
Birthing from Within	Pam England
Mindful Birth	Nancy Bardacke